



BREAKFAST MENU

MONDAY - FRIDAY 7.30AM - 10.30AM

SATURDAY & SUNDAY - 8.00AM - 11.00AM

Continental Breakfast Selection

Cold Meats, Sliced Ham, Sliced Turkey, Peppered Salami & Cheeses |7|

Freshly Baked Selection of Pastries & Scones |1.a|3|7|8a,b|

Natural & Fruit Yogurt |7|

Choices of Breakfast Cereals, Corn flakes, Fruit & Fibre, Muesli

|1.a,c,d|8.b|

Fresh Fruit & Compotes

Hand Cut Seasonal Fresh Fruit Salad

Mixed Fruit & Blueberries

Grapefruit Segments, Peaches Segments & Lustre Prunes in Syrup

Juices & Drinks

Apple Juice

Orange Juice

Irish Breakfast Tea

Selection of Herbal Tea

Filter Coffee

From the Hot Buffet

Traditional Hot Irish Breakfast

Rashers of Bacon, Sausages, Black & White Pudding, Mushrooms, Grilled

Tomato, Baked Beans, Scrambled eggs, Hash Browns, Fried Eggs

|1.a,d|3|12|

Flahavan's Porridge Oats, made with Skimmed Milk & Maple Syrup (V)

(VE) |1.a|

Full Breakfast € 14.95

Continental Breakfast €8.95

Allergens: 1. Cereals Containing Gluten: a)Wheat flour b)Rye, c)Barley, d)Oats, e)Spelt |2.Crustaceans: a)Crab, b)Lobster, c)Shrimps, d)Cray Fish, e)Krill |3.Eggs |4.Fish |5.Peanuts |6.Soybeans |7.Milk |8.Nuts: a)Almonds,b)Hazelnut, c)Walnut, d)Cashews, e)Pecan, f)Brazil Nuts, g)Pistachio, h)Macadamia, i)Queensland |9.Celery: Celeriac |10.Mustard |11.Sesame Seeds |12.Sulphur dioxide and Sulphite |13.Lupin |14.Molluscus: a)Clams, b)Oysters, c)Mussels, d)Snails, e)Octopus, f)Squid